



**Mount  
Sinai**

## **Credit Hour Calculations at ISMMS**

**Credit Hour Definition:** One credit hour is earned for fifteen, 1-hour sessions of lecture or classroom instruction, with the expectation of 2 additional hours of outside study or reading for each class session. A typical 3 credit hour course meets for a total of 45 hours (e.g. 1.5 hours sessions twice weekly, totaling 30 sessions over a 15 week term).

### **Lectures, Seminars, Exams, Quizzes, Small-group Discussion, Tutorials**

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### **Laboratory Rotation, Independent Study, Full-time Independent Research**

One credit hour is earned for each forty-five, 1-hour sessions of academic activity. 45 hours of academic activity yields 1 credit hour.